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Questions?

Contact Judy Naughton, U-46
District Dietitian, at
judithnaughton@u-46.org or call
(847)-888-5000 ext. 5034

March 2024



Pre - K Breakfast & Lunch Menu

***MENU SUBJECT TO CHANGE**

Vegetarian option available upon request, contact Judy Naughton, U-46 District Dietitian, at judithnaughtonl@u-46.org.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Choice of up to two fruits,
two vegetables, and one
milk choice, either 1% plain
or flavored or unflavored
fat-free milk with all
entrees.

1
NO SCHOOL
INSTITUTE DAY

4

Breakfast:
Small Bowl Cereal
Trail Mix

Lunch:
Chicken Drumstick
Carrots
Juice

5

Breakfast:
Blueberry Muffin
Juice

Lunch:
Apple Cinnamon Toast w/
Chicken Sausage Patty & Syrup
Tater Tots
Banana

6

Breakfast:
Fruity Waffles
Banana

Lunch:
Hot Ham & Cheese Sandwich on a
Bun
Buffalo Fava Beans
Apple Slices

7

Breakfast:
Yogurt & Grahams
Apple Slices

Lunch:
Hot Cheese Croissant
Side Salad
Fruit Cup

8

Breakfast:
Small Bowl Cereal
Fruit Cup

Lunch:
Pizza Crunchers
Green Beans
Trail Mix

11

Breakfast:
Small Bowl Cereal
Trail Mix

Lunch:
Fish Sticks
Corn
Juice

12

Breakfast:
Banana Muffin
Juice

Lunch:
Chicken Tenders + French Toast
w/ Syrup
Lima Beans
Banana

13

Breakfast:
Cinnamon Waffles
Banana

Lunch:
Cheese Burger Sliders
Side Salad
Apple Slices

14

Breakfast:
Maple Waffles
Apple Slices

Lunch:
Chicken & Vegetable Eggrolls
Carrots
Trail Mix

15

Breakfast:
Yogurt & Grahams
Trail Mix

Lunch:
Galaxy Cheese Pizza
Cauliflower
Fruit Cup

18

Breakfast:
Small Bowl Cereal
Fruit Cup

Lunch:
Nachos
(chips, cheese cup, and bean dip)
Pizza Fava Beans
Juice

19

NO SCHOOL
ELECTION DAY

20

Breakfast:
Chocolate Waffles
Juice

Lunch:
Bean & Cheese Burrito
Broccoli
Apple Slices

21

Breakfast:
Yogurt & Grahams
Apple Slices

Lunch:
Meatball Sub
Carrots
Fruit Cup

22

Breakfast:
Chocolate Muffin
Fruit Cup

Lunch:
Cheese Pizza
Cucumber
Trail Mix

25

26

27

28

29

Spring Recess